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ST. ANDREW'S IN ACTION

Summer Edition, 2017



Ministers Reflections

Rev. Dr. Karen Dimock

Love is patient; love is kind; love is not envious or boastful or arrogant or rude. It does not insist on its own way; it is not irritable or resentful; 6 it does not rejoice in wrongdoing, but rejoices in the truth. It bears all things, believes all things, hopes all things, endures all things. Love never ends -1 Corinthians 13: 4-8a

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A few weeks back, as I was considering how best to describe what holy means during the children's time portion of the worship service, my eyes fell on them. Two pretty teacups.

They were a gift to me from a beloved friend who died some years ago now. For many years, we had sipped tea out of them and shared our lives. Faith, family, friendships... we had chatted and laughed and cried together.

My friend was older than I and the first time she invited me over it was for lunch. After we ate she made a pot of coffee and from her collection of very pretty teacups pulled out these two to serve it in. I exclaimed over how pretty they were and she remembered that. The next time I was invited for a visit those two teacups were already out and waiting. A seemingly small gesture but one that told me how welcome I was.

My friend's teacup collection wasn't large but these were certainly not the only two cups in it. Some came from her mother's collection, some had been gifts from friends but it was always the same two, the ones I had appreciated on my first visit that were out and waiting each time I went to see her. Over the years, they took on a special meaning. When I got to her home and saw them sitting out and waiting they told me that she was looking forward to our time together. That it was special. That I was special to her. And she, she was special to me. And so, when I came to think about how to describe the word holy to the Sunday School children, I found myself gazing fondly at these tea cups.

In the Bible, the word holy is a word that is used to describe not only God but us. We are called to be holy as God is holy. Look up what the word holy means in a Biblical commentary or dictionary and you will see that it carries the idea of being set apart. In a special way. Like the teacups were every time I went to visit my friend.

We have been reading from Paul's letter to the Corinthians in church lately, a letter that begins with the reminder that we are called to be saints, called to be holy. This has nothing to do with being removed from the world or about being set apart to be admired. To be holy is a way of living in the world. In Paul's day, the city of Corinth was full of temples. They each carried the image of their God. Paul says to the church, you are God's temple. God's spirit dwells in you. You the people of God are called to make God known in this city.

In our current age, I believe that those who are holy value kindness and justice. They do as the prophet Micah said to do, they walk humbly with the Lord. This is a great gift. The saints of today do not

About St. Andrew's in Action







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look at others with contempt but welcome others as God's beloved. They offer themselves in service. Those who are holy are the ones who show us in their lives what the apostle Paul means when he says: *Love builds up. God's spirit visibly dwells in them*.

I have left the teacups out. Instead of taking them home and tucking them away, they sit out for now in my study. The memories they carry point me to hope and faith and love. Their presence encourages me to look to each day in a spirit of welcome and anticipation of God's presence and God's mercies. And as I look at them I like to think how God has called us, the church, to be holy. God has poured out the gifts of grace and love upon us so that we in our turn can share them with others.

Update on Reformation 500: St. Andrew's commemorates the half millennium of Protestantism

Michel Tadros, Co-Convener, Memorials Committee

On October 31, 1517, Martin Luther nailed his "95 Theses", to the door of All Saints Church in Wittenberg: the Reformation started on that day in history. Luther expressed magnificently his faith in his writings, and in the texts of the hymns he composed, A Mighty Fortress Is Our God, the best known, expresses so well that tremendous strength through faith that triggered the beginning of the Reformation. Half a millennium of Protestantism is being commemorated in 2017. As you know, the Memorials Committee has developed a program to associate St. Andrew's in the commemoration of the five centuries of Protestantism: Reformation 500. Here is an update on this program.

Learning and Worship

In the format of a six-week series, a course will be offered on the history of the reformation and how it continues to shape and form us today. It will begin on October 25 and be completed by November 29. In the fall, our minister will explore in our worship services what it means to be a "reformed person".

Guest Speakers

On October 22, St. Andrew's will receive the Reverend Dr. Stuart Macdonald, history professor at Knox College who will lead us in worship. After the service, Dr. Macdonald will speak at a lunch and learn event on the topic of what it means to be reformed today.

During the weekend of November 17-19, Dr. Karin Maag, Director of the H. Henry Meeter Center for Calvin Studies at Calvin College will give a talk on the great Reformers of the XVI Century, and may lead other activities such as a session of psalms singing.

Music

On October 21, St. Andrew's will host a Reformation concert that will present selected music compositions (religious and secular) that reflect various Protestant heritages, and the music of the last five centuries.

Lasting Testimony to the Commemoration

We hope to purchase the portraits of three Reformers (Luther, Calvin, and Knox) from the boutique of the International Museum of the Reformation in Geneva.

Invitation to Session Committees to Partner

Memorials Committee has invited other Session Committees to participate, and many of them are partnering in the commemoration of the Reformation, thus several books on the Reformation will be purchased for the Sunday school, and for our church library.

Communication

The Reformation 500 program will be posted on our Web site. We should also "let it be known" here in Ottawa but also throughout the Presbyterian Church in Canada (PCC), through the media of PCC, what St. Andrew's Church, Ottawa is doing to commemorate the Reformation.

I cordially invite all members and adherents of our congregation to participate in various events planned in the Reformation 500 program, and to commemorate with Christians of all denominations the birth and development of a major renewal of the Faith and practices of Christianity.

Cairine Wilson: a First for Canada!

Jeannette Logan

St. Andrew's second event to celebrate Canada's 150th birthday was entitled Women in Leadership, and held the evening before 2017 International Women's Day, March 8. I was honoured to represent Cairine Wilson, a famous member of our church.

Cairine began her life in 1885 in Montréal, daughter of Robert and Jeannie Mackay. She would learn to speak both English and French, and marry in 1901 at age 16 Norman Wilson, a businessman and future politician. They would have 8 children; some of her family attended the March 7 event.

Her early married life was on the Wilson family farm near Cumberland, Ontario. Next home was in Rockland where Norman worked for Edwards Lumber, and later represented Russell County as the federal Member of Parliament.

In 1921 Cairine and Norman Wilson moved to Ottawa, and began attending St. Andrew's Presbyterian Church in 1925. Their pew near the north door and Wellington street has a plaque commemorating their family. The story goes that they sat in the back pew because, with 8 children to attend church, they were sometimes late.

I suspect that Cairine was interested in public affairs and the welfare of others from a young age. She was an active member of the St. Andrew's Women's Guild for many years. (The Guild is still an active group in our church. All women are welcome.)

By 1929, women's lives were changing. Five tenacious Canadian women finally went to the British Parliament to plead the case of Canadian women who were not considered "persons" in the definition of those eligible to be a Senator. The "Famous Five" were instrumental in changing the British-North America Act to include women as Persons. You can visit their statues on the east side of the Parliament Building.

The next year 1930, Prime Minister of Canada William Lyon Mackenzie King appointed Cairine Mackay Wilson to the Senate of Canada - our first woman Senator! She fought tirelessly for women, children and vulnerable people until her death in 1962.

Refugees were especially important to Cairine. In 1938, she founded the Canadian National Committee on Refugees and Victims of Political Persecution, and chaired it until 1948. She criticized anti-Semitic actions, and racist policies such as the internment of Canada's Japanese residents during WW II.

After WW I the League of Nations was established with the hope to resolve conflicts without resorting to war. Cairine was President of the League of Nations Society in Canada from 1936-42. At this time, the League collaborated with the National Council of Women of Canada, of which I am a Vice-President today.

Together, these women became the voice of women working for peace. In 1948 the League of Nations became the United Nations. In 1949 Cairine became Canada's first woman delegate to the UN.

On that evening, we were celebrating Women in Leadership. Cairine was surely a shining leader. We are all indebted to her leadership on many humanitarian issues, and her active participation in groups working for change. I join with you in saying "thank you" to The Honourable Cairine Mackay Wilson.

Habitat for Humanity: Portugal

Joan Rivard

As our group of 12 Canadians climbed out of the bus at the bottom of the approach to Bom Jesus do Monte, a religious sanctuary and pilgrimage site in northern Portugal that we were visiting as tourists after completing our Habitat for Humanity renovation project nearby, we split up. Several of us set off to climb the massive stone 18th century stairway to the top on foot, while the rest took a tram up. The staircase was itself a work of art, with fountains representing

the five senses and small chapels representing the Stations of the Cross along the way.

At some point, one of us climbers realized that we were the four oldest—in our sixties and seventies—of our group and that all the younger ones had opted for assistance to reach the top. Why yes, we did feel a little smug! When we gently ribbed the younger members later for taking the easy way up, they claimed that they "had put the Fun in Funicular"!

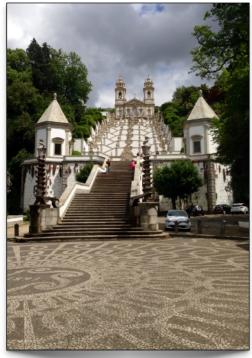
Such easy camaraderie and the chance to see some tourist sites (we also had a port wine tasting in a wine cellar near Porto, which I highly recommend!) after our humanitarian work has been typical of the four Habitat for Humanity International Global Village builds in which I have participated. Since 2010 I've been with Habitat to Ghana, Nepal, Jordan and now Portugal.

Global Village builds attract the slightly adventurous person who likes purpose-oriented travel. One is guaranteed to get hot, sweaty and very dirty on a construction site and most of us office workers are using muscles we didn't even

know we owned—but it's for

an excellent cause.

As you may know, the homes renovated or built by teams of volunteers (and professionals) are not given away. Local Habitat affiliates determine a recipient family, who must help with the work and who must be able to afford a mortgage geared to their income. Our Portuguese recipient family consisted of a father who worked as a labourer, a mother who worked in the agricultural fields, one adult daughter who worked in a shop and a second adult



daughter with a developmental disability. They had been living with relatives and were very enthusiastic and appreciative. Their home-to-be was a tiny old stone building that we were helping to renovate. There were a series of teams coming after us, including Portuguese university students and a team of Americans. I'm keeping track of the progress of the renovation on Habitat Portugal's Facebook page.



For this build I spent a day on a scaffold laying bricks, a day lugging pails of water, cement powder, stones or sand to make concrete, a day applying mortar to old stone walls, and a couple of days floating around

doing a bit of everything as needed. These basic tasks were similar on all the builds I have worked on the world over. No special skills required. When I needed to rest, I rested. It was expected that we all knew our fitness limits and would act accordingly.

I was amazed that Northern Portugal has references to Christianity seemingly everywhere! On virtually every corner there is a stunning old Roman Catholic church, convent, seminary, pilgrimage site or cathedral. During my visit, I saw numerous pilgrims making their way on foot to Fatima for the expected visit of Pope Francis to the site.

While the underlying principles of Habitat for Humanity are Christian, the religious aspect is very low-key. While we had given a bible to our new homeowner in Ghana, in Nepal we had watched respectfully as the homeowner had a Buddhist monk over to bless the doorway. In Jordan, we had simply planted a little lemon tree and asked the family to remember us as the tree bore fruit. In Portugal, we ate a delicious meal together.

I wouldn't want all my travel to be Habitatrelated, but every couple of years I pick a build from their website

at www.habitatglobalvillage.ca and contact the listed leader to discuss. The trips are also tax-deductible as charitable donations. I always return home with the sense that I have, in a very small and practical way, acted on my Christian faith to help make life a little safer and more stable for a deserving family. Please note that there are similar builds within Canada, including Yukon and Nunavut, to celebrate Canada 150 this year, and in the USA. Please consult www.habitatglobalvillage.ca for more information, or I would be happy to answer questions if I can.

Women of Faith: Learning from the women of the Bible

Huda Kandalaft

Stittsville is not the first place I think of when I think of a retreat... but our women's retreat this year was a true retreat at St. Andrew's Presbyterian church in Stittsville. With thanks to God, women of St. Andrew's and some friends gathered for the annual women's retreat on April 29.

The day was full of fellowship, learning and spirituality. Our speaker was Manon Campbell who shared her amazing story of faith and inspired us to be strong in God and to have faith despite the circumstances. Manon is the mother of Helen Campbell. Helen is a great believer in Christ. In 2011 Helen needed a double lung transplant. Manon shared how Helen's focus on sharing her faith

through social media helped her through the long waiting time for organ donation and refocused her attention on the suffering of others.

The afternoon included a bible study of several women of faith, an outdoor trail walk and an activity about women sharing their personal faith with the next generation.

Worship times included singing new hymns that focus on women of the bible or the Holy Spirit (which is a feminine word in the Hebrew translation) such as: She comes sailing on the wind, and Woman in the night. Thanks to Maureen and Elizabeth who played the piano and the flute during worship.

We were treated to a royal lunch. Thanks to Judy Dodds and Laura McGregor who prepared the meal and the refreshment breaks. They both worked tirelessly to make sure that all of us were well taken care of.

It was a truly wonderful day. We hope that all women join us next time. Women have enjoyed the day so much that they asked for a seasonal women's gathering. We will be looking in to more regular gatherings for women starting in the fall.

We left reminded that Christian faith is a faith that believes what it can't see and trust that God knows, sees and cares about us and our future, as it is written in Jeremiah 29:11

"For surely I know the plans I have for you, says the Lord, plans for your welfare and not for harm, to give you a future with hope".

"Woman in the night,
spent from giving birth,
guard our precious light;
peace is on the earth!
Come and join the song, women, children,
men;
Jesus makes us free to live again!"



God's Plan

Dr Laurentine Mouchingam Mefire

In August 2008 God's plan for my life was to immigrate to Canada with my husband and my first child Laurick. One month after my arrival, he planned that I start my PhD at the Université de Montreal. Two months later he planned that I was to be pregnant with my second child. As I was preparing to give birth to my second child Erlau in June 2009, my mother came from Cameroon, my native country to assist me. While pursuing my studies, God decided that I'll have a third child, this time it was a girl, Eryne, and in 2014 his wish came through with the presence of my mother who came for the second time in Canada to assist me once more.

In April 2015, God had programmed that I'll face one of the biggest challenges of my life. My mother passed away and I had to go to my country to attend her funeral. When I came back to Canada I found myself at the crossroads of a road that had only two lanes. The first road was asking me to cry for my mother and if I had to do that I was preparing to be very sad and almost desperate for the rest of the year or more. The second road was the voice of God calling me to search for him because he wanted me to discover the plan he has for my life. He wanted me to discover who he is and what he can do in my life. He wanted me to discover that he is more than a God that only provides, but that he is God.

The first road was that of fear, negative thoughts, tears, sadness, and tiredness. How could I succeed to take care of my family (and myself) and finish my PhD with such a negative mood and mind? I decided to answer to the voice of God that was reasoning so loudly and so clearly in my heart—I chose the second road which was the road of happiness, joy, pardon,

faith, perseverance, patience, love, and the understanding of what death is.

Then, I deeply jumped inside my Bible to study the Word of God.

In April 2015, I moved from Montreal to Gatineau and at that time I told God that I wouldn't search for a church as I did in Montreal for over 1 year before finding the one I attended for four years. God is the one that will search for that church for me and will direct me to the right one. For almost one year I was patiently waiting for it to happen and one day God asked me to visit St. Andrew's church in Ottawa and I understood what he was planning. He had decided that my family would be members of St. Andrew's.

In February 2017, I took 3 days off in Atlanta with my best friend. I told her I needed to go to a retreat. In fact, I was hearing God in my heart who was telling me to go on a retreat because he wanted to talk to me. My friend is a mother of 4 kids and me of 3. Those three days were some kind of vacation to us, from our endless mother responsibilities. She and I had never attended a retreat and I had no idea how this could happen.

But on the next Sunday I heard in church that a women's retreat had been scheduled. I could not miss it as it was clear that God was talking to me. I could not miss this retreat even though I was two weeks away from my PhD's defence and I was so limited on time because I had so many things to do to get prepared for my defence. God was telling me that this is the retreat I needed to attend and to be prepared to receive his message. But I made the time.

The most beautiful miracle happened when I reached the retreat and discovered the theme of the day which had been chosen in Jeremiah 29:11: For surely I know the plans I have for

you, says the Lord, plans for your welfare and not for harm, to give you a future with hope. Throughout the retreat day I could not keep from crying. Tears of realizing how much God is alive, true, good, lovely, and how much he knows me particularly. Tears of realizing how much God's voice could be so clear and so easy to understand. Tears of hearing other women's challenges and how their faith in God has been so strong and so fruitful. Tears for my mother almost for the first time since she passed away, and I understood that God wanted me to do that to free my heart. Tears of realizing how wonderful and courageous my mother was to achieve the huge things she did from the Oueen's title she had in our country. Tears of realizing that I should be courageous to do what God's plan will ask of me. Tears of realizing that a mother is not just the woman that gave birth to you but a woman that shows Jesus' love to you and this is exactly what God is showing me through the blessed women around me in church. These women pray for me, care for me, care for my career. My tears were endless that

day and ended on tears of gratitude to God's endless love for me and for all of us.

The women's retreat was amazing but was too short. I realized that few hours are not enough because we should not be in a hurry to receive God's message. We should not be in a hurry to talk to God and with God. We should not be in a hurry to discuss God's plans and wishes. If we retreat ourselves we should forget about time and enjoy the every minute in God's presence.

I have decided to organize the next women's retreat in such a way that the special and wonderful event should take place more than once a year and longer than just one day.

God bless me, God bless you, God bless our church, God bless everybody and everything.

P.S.: On May 18 I defended my PhD. My thesis has been accepted and received the note "excellent". *Soli Deo Gloria*.

Certified as a candidate for ministry!

In March, the Presbytery of Ottawa certified Alex Fels as a candidate for ministry in the Presbyterian Church in Canada! The beginning of an exciting journey for him and something to celebrate. Alex was baptised at St Andrew's in the spring of 2014 and has been a blessing among us. In the fall, Alex will be going to Toronto to begin studying for the Masters of Divinity at Knox College and on June 18 we will commission him for this at our 11 am worship service.

Congratulations, Alex!



Update from Amkhut

Aisling Boomgaardt

"Yeshu Masih ki jai!" Jesus Christ reigns! These are the shouts of joy that were heard across the valley in Amkhut on Easter Sunday morning. One of the traditions in the Amkhut region is for pastors to rotate as guest preachers during Holy Week. On Easter morning, the congregation of First Church heard the good news from the Rev. Sachin Banadik, a native-born son of that village. Rev. Navneet was preaching in the bigger city of Barwani, about 100km away.

Earlier, in February, the church's annual convention was a success. Anywhere from 2,000-2,200 people attended each day of the convention and 12 pastors served communion on the final day. That same weekend they were aware of the Governor General's visit to St. Andrew's and rejoiced with us.

The month of May was hot, humid, and filled with weddings. Between April 25 and June 6 Rev.

Navneet officiated twelve weddings, each of which was three days long! One of the youth who visited Ottawa in 2009, Roby, was married May 3; leading up to the ceremony there were two days of haldi ceremonies and two nights of dancing. The haldi ceremony involves plastering turmeric paste on the bride and groom's skin. One reason for this is to make the newlyweds' skin glow. The night of the wedding reception there were 1,000 people who attended the dinner and party; this is a testament to the love the community has for Roby. The youth thanked him for being a long-time church leader by purchasing him a new motorbike!



At the end of May, St. Andrew's had the pleasure of hosting Pauline Brown, retired missionary in the Vindhya-Satpura region, and Caroline Solomon of Jobat, who is President of the regional Women's Missionary Society. They were both in Canada to attend the National Presbyterian Women's Gathering in Toronto. It was special to welcome them into our church home for Wednesday Communion, as members of St. Andrew's have been so warmly invited into fellowship in Jobat.

When the flooding occurred here in Ottawa-Gatineau in early May it was interesting to see the comparisons our friends in Amkhut made with the monsoon rains they will soon receive. The monsoons arrive every year in July and often the river and dry land floods, destroying homes and property. They shared in our pain and kept the people of this city in their prayers.



Christian Education Summer Activities

Despite the heavy rain we had in May, summer is coming and with it many Christian education activities that you could be part of so mark your calendars!

Summer Picnic and Volunteer appreciation Sunday

Our annual Picnic is planned for June 18. There will be a BBQ lunch and children's outdoor games. Please bring a big salad to share. This is the day when we move to one service over the summer time. Our much-valued volunteers will be thanked for their outstanding work in various ministries around the congregation. Without them, we would not be able to carry out the wonderful ministries to many people who come through the doors of St. Andrew's and the many others beyond our walls.

Church school in the summer

The one room church school is in need of volunteers. If you have tried teaching in previous summers or during the year, you would know that meeting with kids and especially those visiting town over Canada's 150th celebrations would be a fun time. Please sign up in Grant Hall for one Sunday or speak to Huda or Aisling. It Is an opportunity to give our valued volunteer teachers a break over the summer but also sharing God's word with our children is one way we meet our shared commitment to children's growth in faith.

Wednesday Evenings in July

They are back and they will be on July 5,12,19, and 26 at 6:00 p.m. Come for an evening of fellowship and discussion over a BBQ meal and bring your salad or dessert to share. Our theme this year will be around the 500th anniversary of the reformation: Reformation - Then and Now. Over four weeks we will be studying the characters of the reformation and asking about their contributions, the circumstances, the consequences, and see if the reformation is over or

Winter Wednesday evening studies were a hit!





still makes sense today and why? There will be a children's program at the same time. Speak to Huda if you would like to volunteer or attend.

Wednesday Evenings in July

They are back and they will be on July 5,12,19, and 26 at 6:00 p.m. Come for an evening of fellowship and discussion over a BBQ meal and bring your salad or dessert to share. More information about the program will be found in the 'Days of June'.

Hero Central: Children's Summer Camp

All kids are invited to join us for VBS 2017, to be held August 14–18 from 9 a.m.-3 p.m. We will have an awesome adventure alongside some of our favorite Bible heroes, and discover the qualities that make us truly heroic in God.

Through epic music, spectacular science, crafty crafts, heroic recreation, and fantastic Bible stories, kids will discover their strength in God!

To register and for more information, please visit http://www.standrewsottawa.ca/summercamp

Training for VBS Volunteers

We are looking for volunteer leaders and teachers for VBS. Training for volunteers will be on May 27 from 2:00–3:30 p.m., and June 10 from 9:30–11:00 a.m., in the church. Please speak to Huda if you wish to help.

Global Citizens

Taken from www.cbc.ca: http://bit.ly/2rtHfdE

On April 12, Malala Yousafzai became Canada's sixth honourary citizen, a rare gesture of respect for her bravery in overcoming a brutal Taliban attack to become a champion of girls' education around the world.



Some students were in the gallery in the House of Commons when Yousafzai delivered her speech, including St. Andrew's Emma Boyes. She read her book and says it had a big impact on her life. "Maybe someday I'll even be prime minister. That's a dream," she said. "The fact that's she's standing up for youth and showing everyone that their voices matter and they can make a difference is really important and inspiring."

Emma was interviewed by CBC and the interview can be seen here: https://youtu.be/ULjgsjYLH54

Faith and Politics

One of St. Andrew's youth attended a Christian camp and youth breakfast on Parliament Hill and had this to say:

I wanted to thank you for giving me the opportunity to go to the prayer breakfast and

the student forum last week. It was a very unique experience where I got to listen to the testimonies of average, but amazing people and their faith journey. Most of the testimonies, like Ravi Zarcharia's, Abdu Murray's and Laura Lynn's were very moving and inspiring as they spoke of how God called them to do what they

are doing now. They taught me that God has a special plan for all of us and we need to trust that we will find our path through Him.

I also am very grateful to have heard the Members of Parliament speak of how they practice their Christian faith every day, in whatever it is they may be doing. It was great to hear how the Christian members working on the hill have created prayer groups and prayer walks. One of the members told us he walks down the halls of the Parliament in his free time

and prays for everyone: opposition party and the Prime Minister included.

Finally, I loved having the amazing opportunity to speak with and meet other students from all over Canada and hear their journey with Christ. I even had the opportunity to have lunch with Harold Albrecht, a Member of Parliament, and hear his moving story.

I wanted to sincerely thank you for giving me the opportunity to attend.

Sana

Thank you, Christine!





The Children's Choir sang at First Baptist on May 7



Spotlight On: Gracefield

This year the congregation is invited to try something new! Save the date and prepare for a weekend of wonder. Our annual congregational retreat at Gracefield will be moved to Feb. 10-11, 2018. We will gather to enjoy God's winter wonderland! Snowshoeing, outdoor skating, cross-country skiing, tobogganing, creative play, games, singing, bible study and worship are just the start. There will be plenty of opportunities to learn about God and build relationships with new friends.

Gracefield summer camps are beginning soon. Please check their website for more information and registration. http://gracefieldcamp.ca/children-youth/summer-camps/

Gracefield Summer camp is also looking for volunteers and summer camp staff. If you would like to contribute to a child's summer camp experience, they are accepting applications now for staff positions! For the full job descriptions please visit the website. Please email (info@gracefieldcamp.ca) your resume along with a cover letter and your desired camp job!

Senior Maintenance Worker – This position is seasonal from May to October 2017.

Camp & Retreat Cook – This position is seasonal from May to September 2017.

Camp Counselors – still need two females and one male for the 2017 summer!

Kitchen Assistant – there are two positions available.

There are a variety of children, youth and family camps. As well as a leaders in training program.



The following pages outline each of the camps offered this summer. If you would like to register for one of these camps or the LIT program, you don't have to worry about transportation. This year, there is bus transportation to and from Gracefield for all youth and children camps as well as for all LIT participants. Speak to Huda for more information.

2017 Camp Programmes at Gracefield

Families can save 10% on the second child's registration, 30% on the third child's registration and 40% on the fourth's child registration when two or more children from the same family are registered at the same time. Not to be combined with other discounts, including our early bird registration discount. Ask about our "Bring Three, You Camp Free!" promotion!



DISCOVERY (Ages 5–8 plus parent) June 23–25, \$175 + tax one adult & one child/ \$57 + tax per additional adult/ child

Discovery is a weekend introduction to Christian camping designed for young children and a parent(s) to enjoy together. The activities introduce parents and children to the beauty of nature, and a variety of traditional camp activities: canoeing, swimming, craft, hiking & campfires. The parent and child(ren) are accommodated in the cabins with a double bunked room (total of 4 people/room). By the end of the weekend both parent and child will feel prepared to try residential camping. Camp program begins Friday night after supper through to after lunch on Sunday.

FAMILY CAMP July 5–7, \$75 + tax OR July 30 – August 4 | \$100 + tax (meals & accommodations extra)

Families of all configurations are welcome to join in the fun and fellowship of our intergenerational camp. Most activities; games sports, ropes course, hiking, swimming & canoeing, are designed for mixed age groups. This camp includes an optional canoe trip down the Picanoc River, suitable for all ages and skill levels. Enjoy the peace of our natural environment coupled with the joy of good fellowship. Meet new friends, renew old friendships, and strengthen your family. There are a variety of accommodations available.

GRAND CAMP July 30 – August 4| \$100 + tax (meals & accommodations extra)

Bring your Grandparents to camp! Although built for grandparents and grandchildren this camp is open to all configurations of family. Participants are invited to join in the fun and fellowship of this inter-generational camp week. With a variety of options available for activities, including archery, hiking, swimming, Bible studies, crafts and more, we will work with you to make a schedule that meets your needs and leaves room for adventure. With opportunities for family time and alone time, participants will feel recharged. This is a great opportunity to grow and share your faith with your family. This camp includes an optional canoe trip down the Picanoc River, suitable for all ages and skill levels. There are a variety of accommodations available.

EXPLORER (Ages 7–9) July 9–14, \$410 + tax

NEW!!! Bus transportation will be provided from Ottawa to Gracefield and back! The Explorer camp is specially designed for young campers. Explorer camp encourages these young campers to try new things in God's natural world through a variety of camp activities including everything from the low ropes activities, canoeing, crafts, Bible study, and wide games. As well, they will have the opportunity to gain new skills by participating in some basic instruction in outdoor living skills, canoeing and play. The small size of the

cabin group is perfect for receiving the attention and care needed from our qualified counselors. Explorer campers sleep in 4-room cabins with their friends and two counselors.

PIONEER I and II (Ages 10–12) July 9– 14 | \$410 + tax July 23–28 | \$410 + tax

NEW!!! Bus transportation will be provided from Ottawa to Gracefield and back! Ignite your child's sense of adventure in this active camp as they experience the full scope of Christian camping. Pioneer campers will participate in canoeing, ropes course, crafts, swimming, and Bible study. Pioneer campers will be introduced to our archery range and go on an overnight campout where campers can put their outdoor living skills training to the test. They will develop camping skills including cooking a hearty dinner over the campfire and sharing great storytelling and singing. This is an active, hands-on experience for our young adventurers who will come away with enhanced canoe skills learned through paddling adventures on our beautiful Lac Castor Blanc. At the end of the week a talent show highlights and celebrates the fun that fills this camp.

FRONTIER (Ages 12–14) July 23–28, \$420 + tax

NEW!!! Bus transportation will be provided from Ottawa to Gracefield and back! Frontier campers are ready for a more challenging camp. Qualified staff lead the campers through the ropes course, canoeing, swimming, archery, Bible study, and campfire programs. New this year Frontier campers will spend the week at our wilderness site Bruno's, a short walk or canoe away from the main camp They will learn to cook their meals over the fire, and sleep in tents with their fellow campers. Shelter building and exploring the lake by canoe are common activities for the Frontier campers. Bible studies in nature allows these campers to discover God in different parts of Gracefield Camp. Frontier campers will enjoy nightly campfires and days

outside discovering the natural environment. They will visit the main camp for low ropes course, wide game and closing talent show to round off the week.

MADD (music, art, drama & dance) CAMP (Ages 11–14) July 16–21, \$430 + tax

NEW!!! Bus transportation will be provided from Ottawa to Gracefield and back! Music Arts Dance and Drama Camp combines the best of the traditional Christian camp activities with a little more time to focus on our creative side. Campers will have the chance to explore their creativity including: singing, improv, movement, sculpture, painting and more! The week culminates in a MADD showcase that highlights each camper's God-given talents. Campers will also have an opportunity to enjoy evening campfires and many outdoor activities that will help to get their creativity flowing!

THE WAY (Ages 14–16) July 30–August 4, \$410 + tax

NEW!!! Bus transportation will be provided from Ottawa to Gracefield and back! The Way camp is for youth who are looking for opportunities to give back, meet new friends, and experience a new side of Gracefield Camp. The Way camp intentionally develops leadership skills and community through team building. The Bible studies provide a safe place to explore their faith through open discussion. Way campers give back to the camp by participating in a hands-on project that will enhance the Gracefield community. The time spent on this volunteer project can count towards academic volunteer service hours. All participants must have completed grade 8.

ADVENTURE CAMP (Ages 12–16) July 16–21, \$420 + tax

NEW!!! Bus transportation will be provided from Ottawa to Gracefield and back! The focus of adventure camp is building wilderness camping skills. With an emphasis on nature and the environment, this camp is also just a lot of good adventurous fun! Adventurers will participate in a variety of traditional Christian camp activities like ropes course, canoeing, Bible study, and campfire programs. While at Gracefield, campers will be based at a wilderness site and they will prepare for and then go on a 2-day canoe trip at another wilderness site. The small size of this camp allows for a strong team building experience and provides everyone the opportunity to showcase their outdoor living skill training and to use their newly acquired canoeing skills. Adventure camp is a unique experience where vou learn new skills, make new friends, and explore new places.

NIGHT OWL (Ages 14–16) August 6–11, \$450 + tax

NEW!!! Bus transportation will be provided from Ottawa to Gracefield and back! The Night Owl camp's schedule is well suited to a teen's waking hours, relaxed but not extreme. We have a delayed start so that campers can sleep in and stay up late. We take advantage of the best parts of the day and night and do activities like sunset paddles, stargazing, and torch-lit labyrinth walks. An adventure day takes us offsite to a nearby zip-lining track. Our youth will engage in crazy games, exciting expeditions and explorations in their faith through Bible study, as well as having the opportunity to gain new outdoor living skills training along with canoe training. Come see Gracefield after dark.

LEADER-IN-TRAINING (LIT) (Ages 15–18) July 8–August 4, \$970 + tax

The Leader-in-training program is an intensive 200 hour course spread over four weeks including a multi-day canoe trip and an internship on site at Gracefield Camp. The course is a program of the Association des Camps du Quebec that covers a wide spectrum of leadership skill training which Gracefield

augments with Christian camping content, worship and Bible study. Leaders-in-training receive instruction in: safety and risk management at camp; child development and leadership styles; camp skill development; games, archery, land navigation including outdoor living skills, hiking, swimming, Bible study, worship leadership, drama, music and ropes course; First Aid training, wilderness practice scenarios and canoe skill training through the Ontario Recreational Canoe and Kayak Association(ORCKA) programme.

The LIT program contributes to the development of team building and out-tripping skills during the off-site multi-day canoe trip, internship with campers on-site covering all parts of camp from maintenance, to counselling, to kitchen, to administration. The LIT program is ideal youth looking for experiencing working with children, planning on becoming a lifeguard, or looking to bring their wilderness expertise up to the next level. The LIT program is a stepping stone to many opportunities in the world of camp and beyond.

In addition to the registration, the LIT program will involve an application process, interview and references. NEW bus transportation to and from Gracefield will be provided for all LIT participants! For additional information, please contact the office.

Day Camp (Ages 7 & up) July 30– August 4, \$180 + tax

Running from after breakfast until before dinner Monday to Friday day campers will get a chance to try many of the activities that Gracefield has to offer. Games, crafts, hiking, swimming, ropes course, archery, bible study and more. Our professional staff will lead the campers throughout their day and make the most of every opportunity for learning and fun. This is a great way to finishing off summer and spend time with friends before the fall. Lunch included.



vbs summer camp AUGUST 14-18

